

## SERIOUS KIDNEY TROUBLE

Government Inspector in Rochester Praises "FRUIT-A-TIVES".



MR. R. B. O'FLYNN

39 North Union St., Rochester, N. Y.  
"For five long years, I was afflicted with Stomach, Liver and Kidney Trouble, which developed into serious Bladder Trouble. During that time, I am safe in saying I tried over 50 different remedies without relief."

I saw a testimonial of, I think, a Montreal man about 'Fruit-a-tives' and concluded to make one more trial. By the time the sample box was finished I found quite an improvement; and when I had finished a 50c. box, there was a grand improvement far beyond my expectations."

To make a long story short, I believe "Fruit-a-tives" or Fruit Liver Tablets the best Stomach, Liver and Bladder Medicine the world has ever produced."

R. B. O'FLYNN,  
Government Concrete Inspector.  
50c. a box, 6 for \$2.50, trial size 25c.  
At dealers or from FRUIT-A-TIVES Limited, OGDENSBURG, N. Y.

### FOR SALE

FOR SALE—One used survey, one buggy, nearly new. Prices low. H. T. Cushman Mfg. Co. 721c.

FOR SALE—Dry cord wood delivered at North Bennington or South Shaftsbury. Phone 182-15. J. H. Peters. 71125c.

FOR SALE—Both new and second-hand Sharpies separators at closing-out prices. A. L. Winslow 921c.

FOR SALE—Sawed and split wood, kindling and cord wood, also sawing done. A. Barnhardt and Conrad Hyndick, tel. 402-J or 546-Y. 8112c.

### WANTED

WANTED—A girl for second work. Apply Helen J. Thomas, 304 Pleasant street. 8312c.

WANTED—A capable woman for general housework. Miss Norton, Elm street. 8312c.

WANTED—Pupil nurses, male and female at the Taunton State Hospital Training School for nurses. For particulars address Dr. Arthur V. Goss, Sup't., Taunton State Hospital, Taunton, Mass. 291c.

WANTED—Boys to sell Vanilla flavoring after school hours and Saturdays. Send \$1.00 for eight (8) bottles that retail for 25c each. Send postcard for free sample bottle. Wakefield Extract Co., Sanbornville, N. H. 8114c.

### TO RENT

TO RENT—Seven room house in Guideboard district. Apply Newman Harrington, tel. 538-M or drop postal card. 8218c.

TO RENT—Three furnished rooms for light housekeeping, electric lights. Mrs. W. C. Holden, 304 Grove St. 8216c.

TO RENT—Furnished rooms, hot water heat, electric lights and bath. 409 Hillside St., Mrs. J. F. Remington. 791c.

TO RENT—Stores, offices, tenements, shops, stables, individual storage lockers, furnished apartments and rooms all centrally located. Geo. M. Hawks, 425 Main street. 761c.

### MISCELLANEOUS

LOST—Ten dollar bill last Saturday between Woolworth's and Lark's stores. Reward if returned to Banner office. 8312c.

## FOLEY KIDNEY PILLS

FOR RHEUMATISM, KIDNEY AND BLADDER

KEEP YOUR PLEDGE  
BUILD WHILE  
YOU LIVE



Many people are having a memorial placed on their burial plot while they are living, thus assuring themselves that their last resting place will be suitably marked. Selection of designs at our office or at your home at any time.

E. L. Lambert

220 SCHOOL STREET,  
BENNINGTON, VT.

### PLENTY OF NITRATE

It Will Be Ready for Fertilizers for Spring of 1919.

Washington Dec. 25.—The reasons why the farmers of this country received only 66,778 tons of nitrate, instead of 109,000 tons, through the \$10,000,000 appropriation made by Congress was revealed today by C. H. McDowell, Director of the Chemical Division of the War Industries Board. The remaining 42,000 tons of nitrate were commandeered by the War Department when the German drive became a menace last spring. Military necessity heretofore kept the details a secret. In telling them, Mr. McDowell remarks that through the sacrifice of the fertilizer ingredient the explosives contributed to the supply of explosives on the French front and thus aided materially in winning the war.

There will be plenty of nitrate for fertilizer for the spring planting of 1919, for the importers, who were required to turn over their consignments to the War Department, were released from that obligation upon the signing of the armistice and are now free to sell to fertilizer manufacturers.

Mr. McDowell gave out this statement today:  
"In the fall of 1917 the Congress appropriated \$10,000,000 to be used by the Agricultural Department in importing nitrate of soda to be sold by them to the farmers at cost. This was later made a revolving fund. Under this the War Industries Board procured for the Department of Agriculture some 109,000 long tons of nitrate for shipment from Chile during the winter and spring."

"Owing to disturbed shipping conditions in the early spring it was impossible to bring in for February-March arrival the tonnage expected, and with the needs developed by the expected spring offensive of the Germans it became necessary to divert to France a large tonnage of nitrate for manufacture of explosives in that country and for further increasing production of explosives in this country for use in France. This immediate need made it impossible for the Department of Agriculture to secure boats sufficient to bring in the full 109,000 tons so that 66,778 tons was actually imported in time for use by the farmers for spring planting."

"Owing to military necessity, publicity could not, of course, be given to the reason of the non-arrival of the nitrate sold to the farmers, and this inability to deliver was the cause of considerable feeling on the part of the users of nitrate of soda. The military necessity was the greatest one and the planters who were unable to get the nitrate were in this way contributing to the supply of explosives in France, which later led to the winning of the war."

"The nitrate of soda situation in the United States up until about Aug. 1, was a serious one, and although every explosive and chemical plant was kept supplied with sufficient nitrate to maintain full operations at all times, this was done by drawing from government arsenals reserves and transferring stocks from fertilizer manufacturers and other holders to plants where stocks were about exhausted."

"Owing to the shortage of nitrate, it was deemed wise to ask the importers to discontinue sales of nitrate to fertilizer manufacturers other than for the making of sulphuric acid and after July 1, all consignments of nitrate arriving in the country sold to such manufacturers were commandeered by the Ordnance Department and turned over to munitions and chemical manufacturers. These contracts thus handled were made between the importers and the fertilizer people in the fall of 1917."

"Immediately on the signing of the armistice all restrictions were taken off the importers as far as sales of nitrate to fertilizer manufacturers and agricultural users was concerned, so that there will be no difficulty in supplying the entire needs of the United States for agricultural use for spring planting."

"Nitrate of soda is the foundation of smokeless powder and high explosives as well as of other needed chemicals and the purchase and importation of nitrate to the United States was controlled by the United States government through the War Industries Board in co-operation with the importers formerly handling this material, the importers buying in Chile as in times past. The government received their nitrate through the importers at cost and the profit charged by the importers to private users was controlled by the government so that uniform cost to all users was secured, this cost being based on the average monthly cost in Chile plus the freight, storage, exchange and other elements of cost."

"A committee known as the Nitrate Committee of the United States was established with offices in New York, and a New York representative of the War Industries Board represented that board in the office of this committee. Government needs for nitrate were increasing rapidly and the 1919 requirements would have been very large. During the entire period of the war all needed nitrate was secured and there was no let up in the manufacture of war materials depending upon this article."

### NEW PROBLEMS ARISE

French Government Summons Gen. D'Esperri for Conference.

Paris, Dec. 27.—Since new problems have arisen in the east, following the occupation of parts of Hungary, Turkey, Russia and Bulgaria, the French government has summoned General D'Esperri, commander of the allied forces in Macedonia, to Paris for conference, says the Echo de Paris. He is expected to arrive here within a few days.

### FLIGHT FROM CHILE TO PERU

3,000 Peruvians Leave Chile as Result of Crisis.

Lima, Peru, Dec. 25.—It is estimated that 3,000 Peruvians have fled from Chile to Peru and Bolivia in the last month as a result of the crisis between Chile and Peru. Every steamer from the south is bringing scores of fugitives. A dispatch from Ilo, southern Peru, reports that a Chilean airplane flew over that port on December 21.

## DON'T FUSS WITH MUSTARD PLASTERS!

Musterole Works Easier, Quicker and Without the Blister

There's no sense in mixing a mess of mustard, flour and water when you can easily relieve pain, soreness or stiffness with a little clean, white Musterole.

Musterole is made of pure oil of mustard and other helpful ingredients, combined in the form of the present white ointment. It takes the place of out-of-date mustard plasters, and will not blister. Musterole usually gives prompt relief from sore throat, bronchitis, tonsillitis, croup, stiff neck, asthma, neuralgia, headache, congestion, pleurisy, rheumatism, lumbago, pains and aches of the back, joints, sprains, sore muscles, bruises, chilblains, frost-bitten feet, colds of the chest (it often prevents pneumonia).

30c and 60c jars; hospital size \$2.50.



### APPLES IN COOKERY

Some Recipes That Housewives Are Invited to Try.

The apple is in high favor today. It is a good patriot; its value saves a good foods and the transportation of fruits from a distance. Here are some good apple recipes from the United States Food Administration:

**Apple and Tomato Conserve.**  
Sour apples, diced, 1 quart.  
Tomatoes, ripe, cut, 1 quart.  
Syrup, 2 cups.  
Grated rind and juice of 1 lemon.  
Cook the apples and the tomatoes until they are tender, without adding any water. Add the syrup and lemon and cook the mixture until it is clear. This conserve is slightly tart and is excellent with meats or with bread and butter.

**Apple Chutney.**  
Tart apples, diced, 1 quart.  
Raisins, 1 cup.  
Onions, medium sized, minced, 2.  
Red peppers, minced, 2.  
Vinegar, ½ cup.  
Water, 1 cup.  
Syrup, 1 ½ cups.  
Mustard seed, white, ½ tablespoon.  
Celery seed, 1 teaspoon.  
Paprika, salt.

Combine the ingredients and simmer them until the apples are tender and the mixture is thick and clear. It may be necessary to add more water if the apples are not juicy.

**Apple Jelly.**  
Apple juice, 1 quart.  
Sugar, 1 cup.  
Sorghum, cane syrup or any light syrup, 1 cup.  
Heat syrup and sugar together and add to the boiling juice. Follow usual directions for jelly making. Cook until the mixture "sheets off the spoon" or gives the jelly test. It is slightly higher temperature when using syrups than when using all sugar.

**Candied Apples.**  
Select firm and perfect apples. Apples may be prepared by cutting in eighths or in circles. Any syrup may be used, sorghum, cane corn or maple syrup or honey. Heat to the boiling point and add apple sections. Cook very slowly until almost tender. Set aside for 24 hours, then reheat and cook very slowly until tender. Cool slightly, drain completely in strainer or on fork and roll or dip in finely chopped cocoanut. Use as a confection or for a dessert. The process may be completed in one day but the fruit is not as candied. Other fruit may be prepared in the same way.

**Apple Cranberry Jelly.**  
Apple juice, 1 pint.  
Cranberry juice, 1 pint.  
Sugar 1 ½ cups.  
Syrup, 1 ½ cups.

Heat syrup and sugar together and add to the boiling juice. Follow usual directions for jelly making. Cook until the mixture "sheets off the spoon" or gives the jelly test. It is a slightly higher temperature when using syrups than when using all sugar.

**Mint Jelly.**  
Apple juice, 1 quart.  
Mint juice, ¼ to ½ cup.  
Sugar, 1 cup.  
Syrup, 1 cup.

Select green or unripe apples. Prepare and extract juice as for jelly making. Wash fresh mint leaves and to each 1 cup packed solid, add 1 cup boiling water. Set mixture where it will steep 1 hour. Strain through cheesecloth and press or twist tightly to extract all the moisture. Add mint juice to apple. Add the sweetening agents and boil rapidly until jelly test is obtained. Just before it is poured into sterilized glasses, color it green with vegetable coloring matter. A drop or two of mint extract may be added to increase mint flavor if desired.

**Apple Leather.**

Cook apple in very little water until tender. Mash and drain through jelly bag. Cook juice until it becomes as thick as a very heavy syrup. Pour in pans and let it finish drying out. Then roll up sheet and slice in circles or cut out without rolling up in fancy shapes. If thickened syrup is poured in small glasses it may be turned out after it is set and sliced in lozenge shapes and rolled in finely chopped cocoanut.

The syrup when concentrated may be combined with the pulp and then dried but product is not as attractive.

**Apple Syrup.**

Extract juice as for jelly making and cook down to a medium syrup consistency. Bottle and seal. Use as a griddle cake or a pudding sauce or for steamed rice.

## CATARRH

For head or throat

Catarrh try the

vapor treatment—

Your Doctor's

VICK'S VAPORUB

NEW PRICES—30c, 60c, \$1.20

### 50 YEARS OF SERVICE

Dean George H. Perkins Completes Long Term at U. V. M.

Burlington, Dec. 26.—The next commencement at the University of Vermont promises to be a notable one. There will be a memorial service for the men of the university who have given their lives in the war and an observance of the completion of the 50th year of continuous service of Dean George H. Perkins.

A feature of this celebration will be the presentation of a portrait of Dean Perkins which will hang in the Billings library. The portrait will be painted this winter. Practically all of the alumni of the university now living have come into personal contact with Dean Perkins.

Prof. Perkins was born in Cambridge, Mass., September 25, 1844. He graduated from Yale in 1867 and came to Burlington in 1869 as professor of zoology, botany and geology at the University of Vermont where he has remained ever since. He has also held the office of state entomologist from 1889 to 1895 and was appointed state geologist in 1895 which office he has held until the present time. He is also curator of the state museum.

Dean Perkins is the author of a "Flora of Vermont," published in 1888, and has written under 100 titles in various scientific periodicals. He has made several reports on the work of injurious insects. He has been a contributor to the Encyclopedia Britannica and under encyclopedias.

Prof. Perkins is a member of the principal scientific societies in the country. He has traveled throughout the world in the interests of his work in anthropology and geology including trips to Europe, Alaska, the Sandwich Islands and recently a trip around the world in which he visited China, Japan, India, Ceylon and Egypt. On these journeys he has also brought back important specimens to add to the collections of the university.

During the last year while President Guy Potter Benton has been doing war work in France, Dean Perkins has been acting president and he will continue in that capacity for another year.

### SEEKING CHILDREN TO CURE DEFECTS

Secretary Jeffrey Appeals for Information on Needy Cases—Fund Available.

Montpelier, Dec. 23.—The following letter has been sent to the pastors interested in charity work and those who know of dependent children who need help to remove defects that will prevent them from becoming strong men and women:

"The holiday season is at hand. Christmas and the coming of the New Year was the glad time when you and I were young. It is the time for joy, for kindness and for gifts; and so I am taking the liberty of addressing this letter to you in the interests of the defective, dependent child, the child who in its present condition is destined to always light a losing battle, the child who must of necessity come to the strong and fortunate and appeal with gripping force for the assistance necessary to gain for itself anything like a fair opportunity in the fight for its natural rights."

"Through the deep and kindly sympathy of the Governor, and the generosity of our people, I have a fund that is available for the treatment of perhaps 100 cases, and I am very anxious to locate and investigate every case within the state.  
"Some months ago I sent out a number of letters to those whom I thought would be likely to know of cases of defective, dependent children, and asked that I might come to the assistance of these unfortunate little persons. As a result of these letters, many cases have been reported, and through the generosity of the surgeons of our state I have been able to give relief to those where relief was possible. In order to continue this work I come to you at this glad time of the year and ask if you will not write me about any cases that may be in your locality. I am especially anxious to relieve every case in Vermont and be able to say that there is not, within our borders a defective, dependent child needing surgical care that has not been treated. I know I may depend upon you to assist in this splendid work."

"With the season's greetings, I am  
"Very cordially yours,  
"William H. Jeffrey,  
"Secretary."

P. S.—We can care only for those cases where the necessary aid cannot be had from the parents or guardian."

### MORE POWER FOR CARRANZA

Deputies Approved Extension in Financial Matters.

Washington, Dec. 26.—The Mexican Chamber of Deputies yesterday approved the extension of extraordinary powers in financial matters asked for by the president. It is understood that under this new authority the president will soon issue decrees removing until June 30 import duties on foodstuffs and articles of primary necessity wanted in the country as well as on agricultural implements and irrigation machinery. It is expected that the duties on automobiles will be removed for a period of three months, wanted in the country as well as on agricultural implements and irrigation machinery. It is expected that the duties on automobiles will be removed for a period of three months.

Still another proposed constitutional reform was added yesterday to the long list which has already been initiated by the executive. This proposed the derogation of sections 2 and 3 of article 125, which provides that state legislatures fix upon a maximum number of clergy who shall be allowed to conduct religious rites and that all clergy shall be native-born Mexicans. Section 16 of the same article is modified to read that the immovable property of churches conform to article 27, which provides for the nationalization of certain form of property.

### WANT GOVERNMENT CONTROL

Would Put Education Under Federal Management.

Syracuse, Dec. 26.—A plea for federal control of education featured the first day's session of the State Associated Academic Principals here. The plea was made by Dr. Payson Smith, commissioner of education of Massachusetts, who said that the war had revealed the necessity of a government control of education. Dr. S. Parks Cadman of Brooklyn addressed the meeting on "Constructive Elements in Peace."

State Commissioner of Education Finley told the principals some of his experiences in Palestine, to which country he is returning within a few days in the interest of educational work.

### GUARANTEED WHEAT CROP

Legislation Recommended to Congress to Stabilize Price.

Washington, Dec. 26.—Legislation to make effective the wheat price guarantee for the 1919 crop and at the same time to safeguard the government against losses was recommended by Congress today by the Department of Agriculture and the Food Administration.

## "I get Bigger Crops with Animal Fertilizers"

HUNDREDS of satisfied farmers will tell you about the big crops they grow with Essex Animal Fertilizers. Made from BLOOD, BONE AND MEAT with high grade chemicals. That is why they make your soil rich and highly productive. More food is needed. Make your soil produce up to the limit. The crops you raise will buy almost double the fertilizer they bought before the war. Buy your fertilizer now while your money goes farthest. Place your order early while supply is sure.

Special fertilizers with 4% water-soluble POTASH are now on hand—guaranteed. Write for crop booklets and name of dealer nearest you. Local agents wanted.

ESSEX FERTILIZER COMPANY  
Branch of Consolidated Rendering Co., Mass.

## ESSEX ANIMAL FERTILIZERS

We are now established in our

## New Store On Union Street

near the Post Office and ready to supply your every need in

## Dependable FURNITURE

Geo. A. Parker

## Quackenbush & Co.

THOY

## Coats and Suits

AFTER-CHRISTMAS

## REDUCTIONS

SMART COATS Late models—Great shawl fur collars—Warm wool velour—The best shades, marked at

\$25.75 and \$29.75

SCORES Of stunning coats—Sold out to one or two of a style.

\$39.50—\$43.50

DRESSES A group of handsome ones—Creme de cygne—Satin—Georgette combinations—Cut to

\$14.75—\$16.75—\$19.75

GEORGETTE GOWNS Beautiful garments in evening shades for dancing and reception functions.

\$14.75—\$19.50—\$23.50

WOOL SUITS All of them offered at 1-3 less than the regular price marked in plain figures on every ticket.

Children Cry  
FOR FLETCHER'S  
CASTORIA